CALVARY CHRISTIAN ACADEMY

OCTOBER 2019

All lunches come with a fruit cup and a drink.

K-5th White/Chocolate milk or Water Bottles
6th–12th Sweet Tea OR Lemonade.
(milk upon request) or Water

Lunch is $4.00 a day
Your options are Hot Lunch or Salad Bar

Salad Bar includes:
Salad, fruit, yogurt, granola, and toppings

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Baked Potato, Side Salad or Broccoli & Dip, Chips	2 Chicken Tetrazzini, Steamed Broccoli, Breadsticks	3 Burrito Bowl, Chicken, Rice, Black Beans, Red Beans, & Corn	4 **McDonalds** McChicken w/ Fries or McDouble w/ Fries	5
6	7 Chicken Nuggets, Mac & Cheese, Corn or Green Beans	8 Grilled Cheese Sandwiches, Tomato Soup Chips	9 Baked Ham, Mashed Potatoes, Green Beans, Rolls	10 Taco Salad or Soft Tacos, Mexican Rice, Black Beans	11 **Dominos** Pizza, Side Salad, Carrots & Dip	12
13	14 **NO SCHOOL**	15 Hotdogs, BBQ Beans, Chips	16 Meatloaf, Mashed Potatoes, Green Beans, Rolls	17 Hamburger w/ Fries or Cheeseburger W/ Fries	18 **Taco Bell** Beef Tacos or Chicken Burrito	19
20	21 Meatballs Rice & Gravy Peas or Carrots	22 Chicken Salad Croissants, Celery & Dip, Chips	23 Lasagna Bake, Green Beans, & Breadsticks	24 Scrambled Eggs, French Toast Sticks, & Sausage	25 **Dominos** Pizza, Side Salad, Carrots & Dip	26
27	28 Chicken Sandwich, Celery & Dip, Chips	29 Baked Potato, Broccoli & Dip or Side Salad	30 Chicken Tetrazzini, Steamed Broccoli, Breadsticks	31 Burrito Bowl, Chicken, Rice, Black Beans, & Red Beans		